



NIKE FOOTBALL CAMPS

SUMMER 2022





LEARN. TRAIN. PLAY.

Residential 1- and 2-week camps in July and August for 8-15-year-old boys at Lancing College, near Brighton.

This summer at Lancing College we are equipping young players with the skills they need to get ahead in football and life. Sharing a passion for football, developing new skills and making new friends from around the world is what it's all about.

Players can either focus on their football in the Total Football programme or choose to improve their English language skills alongside their football on the Football + English programme.

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CAMP OPTIONS

Players can choose from either **TOTAL FOOTBALL** or **FOOTBALL+ENGLISH**.

Both options are available as either a 6- or 13-night camp, and both include:

-  **PRO FOOTBALL COACHING**
-  **24/7 SUPPORT STAFF**
-  **3 MEALS A DAY**
-  **ON-SITE ACCOMMODATION**
-  **EXCURSIONS TO CITIES + LANDMARKS**
-  **EXCLUSIVE NIKE GIFT PACK**
-  **COACHING REPORT + CERTIFICATE**

OPTION 1

TOTAL FOOTBALL

- An intensive programme that is not suitable for complete beginners
- Suitable for all English language abilities except beginners
- Up to 30 hours a week of football coaching, games and workshops



OPTION 2

FOOTBALL +ENGLISH

- Suitable for all English language levels and football abilities
- 13-14 hours a week of English Language lessons using an accelerated model of English learning
- Up to 17 hours a week of football coaching, games and workshops





THE COACHING

ON THE PITCH

360° FOOTBALL

The coaching curriculum is designed around some of the best Nike players in world football, aiming to inspire and challenge young players at all levels to achieve their individual best. Using top Nike players as examples, each day our professional coaching team lead sessions that focus on a different position on the pitch.

RAISE YOUR GAME

During conditioned drills, players develop confidence on the ball and master new skills and techniques in a fun and engaging environment. Coaches share their experience and explain what it takes to play at the highest level, equipping players with a better understanding of the game and how to continue to progress at home.

COACHING TEAM

Our team of professional coaches are passionate about the development of junior players, creating a fun and inclusive environment. Lead coaches have worked in top English Premier League clubs and have a minimum UEFA B licence as well as significant experience working with young players from a range of backgrounds and abilities.



ATTACKING



DEFENDING



TECHNIQUE



TACTICS



COMPETING



OFF THE PITCH



SPORTS SEMINARS



1-TO-1 ASSESSMENT



STRETCH + RECOVERY





ENGLISH TEACHING

LEARN IN CLASS AND ON THE PITCH

The English curriculum is based on the CLIL approach used in top schools worldwide and is designed to enhance students' use of English in sport and the wider world. Teachers live on-site and all our staff create an immersive English environment by ensuring students communicate in English throughout the camp.

WHAT YOU GET

-  **13-14 HOURS OF ENGLISH LESSONS PER WEEK**
-  **1:12 TEACHER TO STUDENT RATIO (AVERAGE)**
-  **ENGLISH REPORT + COMPLETION CERTIFICATE**



HOW IT WORKS

On the first day, students take an English test and are divided into classes within their age group, ranging from beginner to advanced. Teachers cover general English and sports-related English in their lessons. Using the topic of sport engages students with a common interest in the classroom and equips them with useful vocabulary for their coaching sessions. Lessons are fun and interactive, using a combination of traditional classroom techniques, active participation and project work.

At the end of each week, students get an English progress report and completion certificate, along with advice from their teacher on how to continue improving their English at home.





“

My son Christian really enjoyed the 2-week camp. The atmosphere was supportive, friendly and fun. The quality of football was high and the training was rigorous. A special shout-out to the support staff you made all the international kids feel at home. Great job!”

MR WODKTE, GERMANY



THE VENUE LANCING COLLEGE

HISTORIC PRIVATE SCHOOL WITH EXTENSIVE FOOTBALL FACILITIES

Spectacularly situated on the South Coast overlooking the sea, Lancing College is one of Britain's great private schools. The college is just 15 minutes from the historic seaside town of Brighton, in East Sussex. Founded in 1848, Lancing College has developed an international reputation for academic and sporting achievement.

With 8 immaculate grass football pitches, 3 all-weather pitches and an indoor sports hall, Lancing College is the perfect home for Nike Football Camps in the UK.

SUITABLE FOR

- 8-15 year old boys
- All football abilities





LANCING COLLEGE

THE DETAILS

ACCOMMODATION

Single, twin and triple bedrooms and dormitories, with shared bathrooms

FACILITIES

- 8 grass football pitches
- 3 all-weather pitches
- Indoor sports hall
- Indoor swimming pool
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- On-site camp shop
- Laundry facilities

CATERING

3 nutritionally balanced meals a day and an evening snack, including vegetarian options

TRANSFERS

We offer an airport transfer service from the follow airports:

- London Heathrow Airport (LHR) 107km
- London Gatwick Airport (LGW) 49km

EXCURSIONS

6-night camps

- Portsmouth Historic Dockyard OR
- Brighton Pier and Beach

13-night camps

- London Walking Tour + Niketown



2022 CAMP DATES

6-night camps

Monday - Sunday

- 4 Jul - 10 Jul
- 11 Jul - 17 Jul
- 18 Jul - 24 Jul
- 25 Jul - 31 Jul
- 1 Aug - 7 Aug
- 8 Aug - 14 Aug

13-night camps

Monday - Sunday

- 4 Jul - 17 Jul
- 11 Jul - 24 Jul
- 18 Jul - 31 Jul
- 25 Jul - 7 Aug
- 1 Aug - 14 Aug



“

Jay had a wonderful experience at the football camp, being a very quiet child and this being his first time away from home we were nervous to see how he would get on but he settled instantly, which is fully down to your staff and the atmosphere they create.”

MR HOGAN, IRELAND





CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions...



LONDON EXPERIENCE 13-NIGHT CAMPS ONLY

Players experience the sights of the capital including Big Ben and Buckingham Palace as well as enjoying a shopping experience in Westfield.

BRIGHTON PIER + BEACH EVERY OTHER WEEK

A morning spent exploring the city of Brighton followed by an afternoon enjoying the rides and amusements at Brighton Pier and Beach, a classic English seaside attraction.



PORTSMOUTH HISTORIC DOCKYARD EVERY OTHER WEEK

Players either take a morning boat tour around the harbour's collection of famous warships or step aboard the HMS Victory for a tour of Lord Nelson's flagship. The afternoon is spent shopping at Gunwharf Quays, the South Coast's leading designer outlet shopping centre.





DATES + DETAILS AT A GLANCE

VENUE
LANCING COLLEGE

AVAILABLE CAMPS

- **TOTAL FOOTBALL:** Up to 30 hrs of football a week
- **FOOTBALL+ENGLISH:** Up to 17 hrs of football a week + 13-14 hrs of English a week

DESIGNED FOR

- 8-15 year old boys
- All football abilities

EXCURSIONS

- Portsmouth Historic Dockyard (weeks with *)
- Brighton Pier and Beach (weeks without *)
- London Walking Tour (13-night camps only)

2022 CAMP DATES

6-night camps

- 4 Jul - 10 Jul*
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13-night camps

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- 25 Jul - 7 Aug
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“

In the space of a week my son has made great friends. He is already talking about going back next year, this time for two weeks.”

MRS ROSSI, ITALY



A TYPICAL DAY



07:30
Fitness & stretch option



08:00
Breakfast



09:30
Football coaching



12:30
Lunch



13:15
Free time



14:00
English or Football



18:00
Dinner



19:30
Football / Activities
/ Players' Lounge



22:00
Lights out

BOOK A FOOTBALL CAMP TODAY.

SPEAK TO YOUR AUTHORISED AGENT.



LEARN. TRAIN. PLAY.



EUROSPORTSCAMPS

Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

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